



Name:

Date:

Age:

Sex:

Marital status:

Occupation:

Number of children:

Phone number:

Address:

Email:

How did you hear about us (if referral please tell us who)?

Do you have a way to play C.D.s ? Y/N

Do you have a way to play mp3s? Y/N

Has anyone ever tried to hypnotize you before? Y/N

Reason?

Do you believe you were hypnotized? Y/N

Why?

Generally how did it go for you?

What would you like to work on with hypnotherapy?

How long has this been an issue for you?

When did it begin?

Are there any particular things that trigger this problem?

Are there any issues in your past that you feel have contributed to this problem?

Are there any particular times when this is more of a problem for you?

Are there any particular times when this is less of a problem for you?

Are there any roll models in your life who have had this same problem (if so who)?

Have there been any emotional events that this problem could have stemmed from?

Any previous attempts to address this issue?

How?

What were the Results?

Are you currently undergoing medical or psychological treatment for the above issue? Y/N

If so where?

Doctor's name:

Have you been under a doctor's care in the past year? Y/N

If yes please give reason and doctor's name

Have you ever been treated for emotional issues? Y/N

If yes please explain

If yes are you currently receiving treatment or counseling? Y/N

If so by whom?

Are you currently taking any medications? Y/N

If so what?

Reason for medication?

Have you had any prolonged illness? Y/N

If yes what illness?

Do you have any questions about hypnosis?

Please briefly share anything else that you think would be helpful to know about you

On a scale of 1 to 10 how bad do you want this change?

Please list some reasons why you would like to make this change in your life (what are the benefits?):

If you rid your self of the problem you want to work on, is there anything that you stand to lose? If so what?

* if you wear contact lenses please bring something to put them in because having them out will help you to relax better

